

PAWAN'S

# BODY GYM<sup>®</sup>



The Fitness Equipment Co.



# BRIEF INTRODUCTION

Dear Customer,

Located in the industrial zone of Narela “**R.K. FITNESS PRIVATE LIMITED**” was started in 2012. We take the opportunity to introduce ourselves as one of the leading manufacturers and importers of hi-tech fitness products in the brand name of “**BODY GYM**”. We are one of the top indoor and outdoor fitness equipment manufacturing companies in India, known for unmatched product quality and customer support.

Body Gym Fitness equipment was founded in 1996, in New Delhi. Initially we started with manufacturing and import of domestic fitness equipment, today we have a large range of fitness equipment, both indoor and outdoor, including exercise bikes, home gyms, cross trainers, benches, and many more. We serve all major cities of India with utmost customer value and continuous support.

Not just bikes and benches, we have also extended our production lines to making the Outdoor Fitness Equipment. A whole range of fitness equipment known by the names of outdoor fitness, green gym, park fitness etc..., setup in parks and open grounds is a great idea to promote fitness among families and different age groups. Also being beneficial and cost effective, these machines are not only meant for teenagers or adults but for an age group of 10 year – 90 years, which includes children, woman and senior citizen too.

Together towards a fitter world.

With Regards

**R.K. FITNESS PRIVATE LIMITED**

# C O N T E N T S

## BODY GYM SPORTS & FITNESS EQUIPMENTS

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## ORBITRAC LXB - 2850

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Pulse Rate Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT F/B & U/D**
- ✦ **WHEEL: BEARING SYSTEM**
- ✦ **UNBREAKBLE FOOTREST**
- ✦ **HAND BAR JOINT: BEARING SYSTEM**
- ✦ **MAXIMUM USER WEIGHT: 90KG**
- ✦ **FOR HOME USE ONLY.**



## ORBITRAC LXB1850R

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **MAXIMUM USER WEIGHT:** 90KG
- ✦ **ADDITIONAL TWISTER**
- ✦ **ADJUSTABLE SEAT:** F/B & U/D
- ✦ **WHEEL:** BEARING SYSTEM
- ✦ **UNBREAKABLE FOOTREST**
- ✦ **HAND BAR JOINT:** BEARING SYSTEM
- ✦ **N.W.:** 27KG
- ✦ **G.W.:** 29KG
- ✦ **FOR HOME USE ONLY.**



## **ORBITRAC LXB1350R**

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT:** F/B & U/D
- ✦ **WHEEL:** BEARING SYSTEM
- ✦ **UNBREAKBLE FOOTREST**
- ✦ **HANDLE BAR JOINT:** BEARING SYSTEM
- ✦ **MAXIMUM USER WEIGH:** 90KG
- ✦ **N.W:** 25KG
- ✦ **G.W:** 27KG
- ✦ **FOR HOME USE ONLY.**



## **OCTANE** (WITH BACK SUPPORT & TWISTER)

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT WITH BACK SUPPORT & TWISTER**
- ✦ **MAXIMUM USER WEIGH:** 100KG
- ✦ **N.W:** 25KG
- ✦ **G.W:** 27KG
- ✦ **FOR HOME USE ONLY.**



## AIR BIKE OCTANE

- ❖ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ❖ **RESISTANCE SYSTEM:** Manual Control
- ❖ **OPTIONAL HAND MOVEMENT**
- ❖ **ADJUSTABLE SEAT**
- ❖ **MAXIMUM USER WEIGHT:** 100KG
- ❖ **FOR HOME USE ONLY.**





## **AIR BIKE ACTIV (WITH BACK SUPPORT & TWISTER)**

- ❁ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ❁ **RESISTANCE SYSTEM:** Manual Control
- ❁ **ADJUSTABLE SEAT WITH BACK SUPPORT & TWISTER**
- ❁ **ADJUSTABLE HANDLE**
- ❁ **MAXIMUM USER WEIGH:** 100KG
- ❁ **N.W:** 16.5KG
- ❁ **G.W:** 19KG
- ❁ **FOR HOME USE ONLY.**



## AIR BIKE ACTIV

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **ADJUSTABLE SEAT**
- ✦ **ADJUSTABLE HANDLE**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 13KG
- ✦ **G.W.:** 15.5KG
- ✦ **FOR HOME USE ONLY.**



## **AIR BIKE PLATINUM DX** (WITH BACK SUPPORT & TWISTER)

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT WITH BACK SUPPORT & TWISTER**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 21KG
- ✦ **G.W.:** 23.5KG
- ✦ **FOR HOME USE ONLY.**



## AIR BIKE PLATINUM DX

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 17.5KG
- ✦ **G.W.:** 20KG
- ✦ **FOR HOME USE ONLY.**



## AIR BIKE STYLUS

- ✦ **MONITOR DISPLAY:** Scan Time, Speed, Distance, and Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control.
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 16KG
- ✦ **G.W.:** 18.5KG
- ✦ **FOR HOME USE ONLY**

**NEW  
ARRIVAL**



## **AIR BIKE STAMINA** (WITH BACK SUPPORT & TWISTER)

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT WITH BACK SUPPORT & TWISTER**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 19.5KG
- ✦ **G.W.:** 22KG
- ✦ **FOR HOME USE ONLY.**



## AIR BIKE STAMINA

- ✿ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✿ **RESISTANCE SYSTEM:** Manual Control
- ✿ **OPTIONAL HAND MOVEMENT**
- ✿ **ADJUSTABLE SEAT**
- ✿ **MAXIMUM USER WEIGHT:** 100KG
- ✿ **N.W.:** 16KG
- ✿ **G.W.:** 18.5KG
- ✿ **FOR HOME USE ONLY.**



## **AIR BIKE BG 2001** (WITH BACK SUPPORT AND TWISTER)

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT WITH BACK SUPPORT & TWISTER**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 19.5KG
- ✦ **G.W.:** 22KG
- ✦ **FOR HOME USE ONLY.**





## AIR BIKE BG 2001

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **OPTIONAL HAND MOVEMENT**
- ✦ **ADJUSTABLE SEAT**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 16KG
- ✦ **G.W.:** 18.5KG
- ✦ **FOR HOME USE ONLY.**



## **AIR BIKE BGA 1001**(WITH BACK SUPPORT & TWISTER)

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **ADJUSTABLE SEAT WITH BACK SUPPORT & TWISTER**
- ✦ **ADJUSTABLE HANDLE**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 16.5KG
- ✦ **G.W.:** 19KG
- ✦ **FOR HOME USE ONLY.**



## AIR BIKE BGA 1001

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **ADJUSTABLE SEAT**
- ✦ **ADJUSTABLE HANDLE**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 13KG
- ✦ **G.W.:** 15.5KG
- ✦ **FOR HOME USE ONLY.**



## EXERCISE CYCLE BGC - 201

- ✦ **MONITOR DISPLAY:** Scan, Time, Speed, Distance, Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control
- ✦ **ADJUSTABLE SEAT & HANDLE**
- ✦ **MAXIMUM USER WEIGHT:** 100KG
- ✦ **N.W.:** 14.8KG
- ✦ **G.W.:** 17.2KG
- ✦ **FOR HOME USE ONLY.**



## **EZ SOLID HOME GYM 150**



- ✦ EXTRA STRONG, STABLE STEEL FRAME FOR THE MOST DEMANDING USERS.
- ✦ MULTI POSITIONS, PRESS HANDLE WITH ARM CURL BENCH AND ADJUSTABLE SEAT.
- ✦ COMPLETE BODY WEIGHT WORKOUT
- ✦ HEAVY DUTY FRAME
- ✦ PLATE WEIGHT: 60KG
- ✦ NW: 59 KG
- ✦ G.W. 63KG





## **EZ MULTI WEIGHT BENCH 300**

- ✦ **HEAVY GAUGE METAL PIPE**
- ✦ **COMFORTABLE SEAT CUSHIONING**
- ✦ **DIMENSION: L 1430\*W 740\*H 1030 mm**
- ✦ **N.W: 19 KG**
- ✦ **G.W: 21 KG**

## EZ MULTI WEIGHT BENCH 550

- HEAVY GAUGE METAL PIPE
- COMFORTABLE SEAT CUSHIONING
- Flat, Incline, Decline, Leg Curl, Leg Extension & Preacher
- N.W: 29.500kg
- G.W: 32.500kg



## EZ CLASSIC BENCH 200

- ✦ HEAVY GAUGE METAL PIPE
- ✦ COMFORTABLE SEAT CUSHIONING
- ✦ DIMENSION: L 1580\*W 410\*H 780 mm
- ✦ N.W: 11KG
- ✦ G.W: 13KG
- ✦ FOR HOME USE ONLY.







## **STANDING TWISTER HEAVY DUTY 304**

- ✦ TWISTING EXERCISE FOR SIDES AND ABS
- ✦ HEAVY DUTY METAL FRAME
- ✦ FOR HOME USE ONLY.





## PEDAL BIKE

- ✦ **MONITOR DISPLAY:** Scan Time, Speed, Distance, and Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control.
- ✦ **PORTABLE, DURABLE, LIGHTWEIGHT**
- ✦ **EASY TO HANDLE**
- ✦ **N.W:** 2.4KG
- ✦ **G.W:** 2.850KG
- ✦ **FOR HOME USE ONLY**



## PEDAL BIKE PRO

- ✦ **MONITOR DISPLAY (BIG METER):** Scan Time, Speed, Distance, and Calories.
- ✦ **RESISTANCE SYSTEM:** Manual Control.
- ✦ **PORTABLE, DURABLE, LIGHTWEIGHT**
- ✦ **EASY TO HANDLE**
- ✦ **N.W:** 3.5KG
- ✦ **G.W:** 4KG
- ✦ **FOR HOME USE ONLY**





## PEDAL BIKE DUO

- ✦ RESISTANCE SYSTEM: Manual Control.
- ✦ PORTABLE, DURABLE, LIGHTWEIGHT
- ✦ STABLE AND TRIANGLE STRUCTURE
- ✦ HAND AND LEG EXERCISE
- ✦ HEIGHT ADJUSTABLE
- ✦ EASY TO HANDLE
- ✦ N.W: 5.2KG
- ✦ G.W: 5.7KG
- ✦ FOR HOME USE ONLY



## PEDAL BIKE DUO DIGITAL

- ✦ MONITOR DISPLAY: Scan Time, Speed, Distance, and Calories.
- ✦ RESISTANCE SYSTEM: Manual Control.
- ✦ PORTABLE, DURABLE, LIGHTWEIGHT
- ✦ STABLE AND TRIANGLE STRUCTURE
- ✦ HAND AND LEG EXERCISE
- ✦ HEIGHT ADJUSTABLE
- ✦ EASY TO HANDLE
- ✦ N.W: 5.2KG
- ✦ G.W: 5.7KG
- ✦ FOR HOME USE ONLY



## PUSH UP BOARD

- ✦ DIFFERENT COLOUR CODED FOR EXERCISES
- ✦ PORTABLE, SIMPLE, AND FOLDABLE
- ✦ EASY TO HANDLE
- ✦ FOR HOME USE ONLY



## PUSH UP BOARD WITH TONING TUBE

- ✦ DIFFERENT COLOUR CODED FOR EXERCISES
- ✦ PORTABLE, SIMPLE, AND FOLDABLE
- ✦ HIGH ELASTICITY RESISTANCE BAND
- ✦ PLUG-IN DOUBLE LOCKER
- ✦ EASY TO HANDLE
- ✦ FOR HOME USE ONLY



## OUTDOOR FITNESS EQUIPMENTS



POWER PUSH



PULL DOWN CHALLENGER



HEALTH WALKER



ROWER



CYCLE



LEG PRESS



DUAL SKY STEPPER



HORSE RIDER

## OUTDOOR FITNESS EQUIPMENTS



*TRIPLE TWISTER*



*SIT-UP BENCH*



*MINI-SKI*



*PUSH HANDS*



*BIG TURNING WHEELS*



*CROSS TRAINER*



*STEPPER WITH TWISTER*



*TRIPLE-PULL-DOWN*



PAWAN'S

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